

PARTICIPANT RECRUITMENT

An approach combining sound therapy and cardiac coherence for managing chronic pain and tinnitus in Canadian Veterans

Target audience:

- Veterans suffering from chronic pain and tinnitus

Eligibility Criteria :

- Age 18 or older
- Canadian Armed Forces veteran
- Enduring constant pain for at least 3 months restricting at least one activity
- Experiencing continuous tinnitus for at least 3 months limiting at least one activity
- Having sufficient hearing ability in at least one ear (with or without hearing aid) to perceive the sound stimuli of the therapy

The participant will need to use a mobile application designed for regular cardiac coherence training and sound therapy to assess the effects on chronic pain and tinnitus. This application should be used at least three times a day, in the morning, at noon, and in the late afternoon, for 5 minutes each time, every day for one month.

If you are interested or would like additional information, please contact us via email or phone.

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